



GAINING COMPASSION FOR ADDICTIVE PROCESSES

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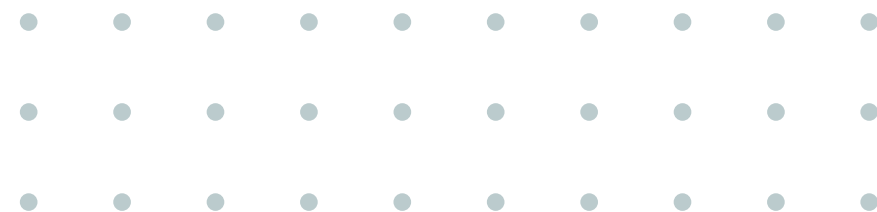
01. HISTORICAL PERSPECTIVES

02. RECOVERY SCIENCE

03. CASE EXAMPLE: THE 180 PROJECT

04. A COMPASSIONATE APPROACH

AGENDA



1) Historical Perspectives



Richard J. Rosenthal & Suzanne Faris (2019): The etymology and early history of 'addiction', *Addiction Research & Theory*.

DEFINITION

ADDICTION IS A CHRONIC, RELAPSING DISORDER
CHARACTERIZED BY COMPULSIVE DRUG SEEKING,
CONTINUED
USE DESPITE HARMFUL CONSEQUENCES, AND LONG-
LASTING CHANGES IN THE BRAIN.

—NATIONAL INSTITUTE ON DRUG ABUSE (NIDA)

A Note on Language:

I need Jesus! vs I need drugs!

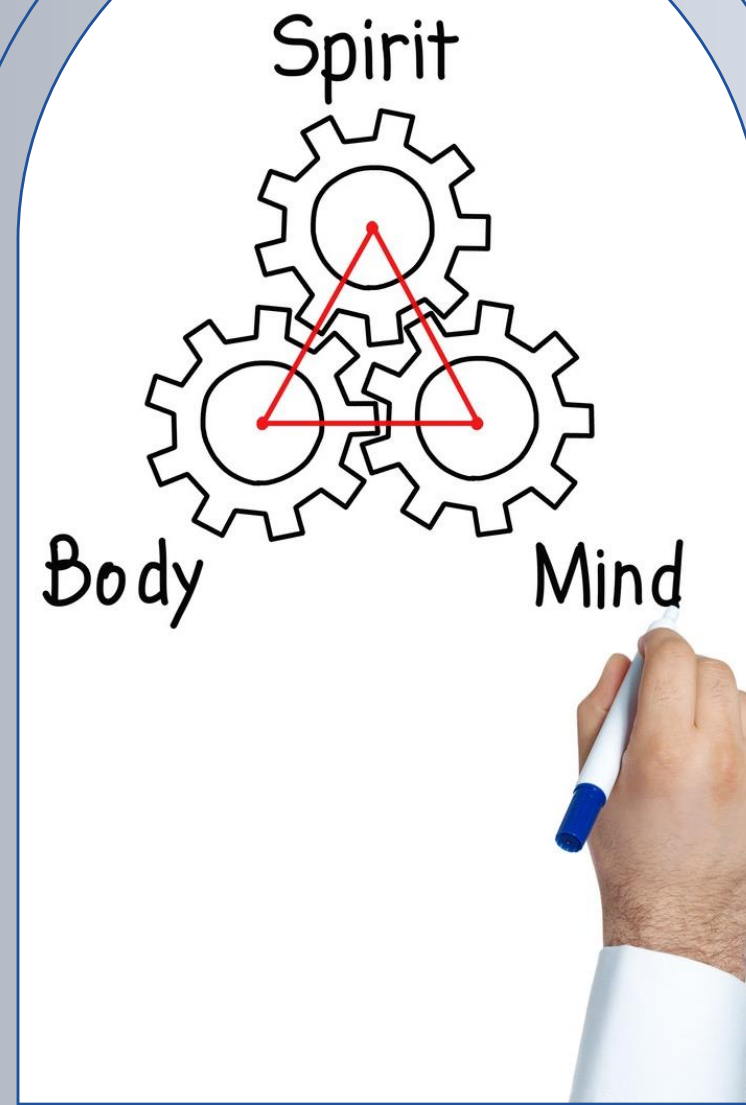
Historical Perspectives



Moral/Choice Model



Biomedical/ Brain-Disease Model



Bio-Psycho-Social Model

2) RECOVERY SCIENCE

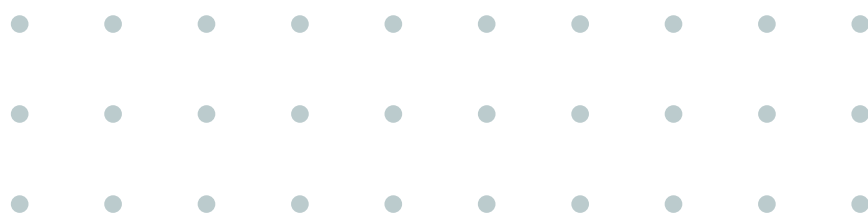
RECOVERY IS AN INDIVIDUALIZED, INTENTIONAL, DYNAMIC, AND RELATIONAL PROCESS INVOLVING SUSTAINED EFFORTS TO IMPROVE WELLNESS.

-RECOVERY SCIENCE RESEARCH COLLABORATIVE
(BROWN & ASHFORD, 2019; ASHFORD ET AL., 2019)

RECOVERY CAPITAL THEORY

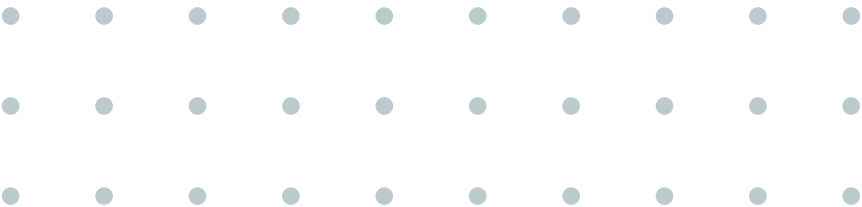
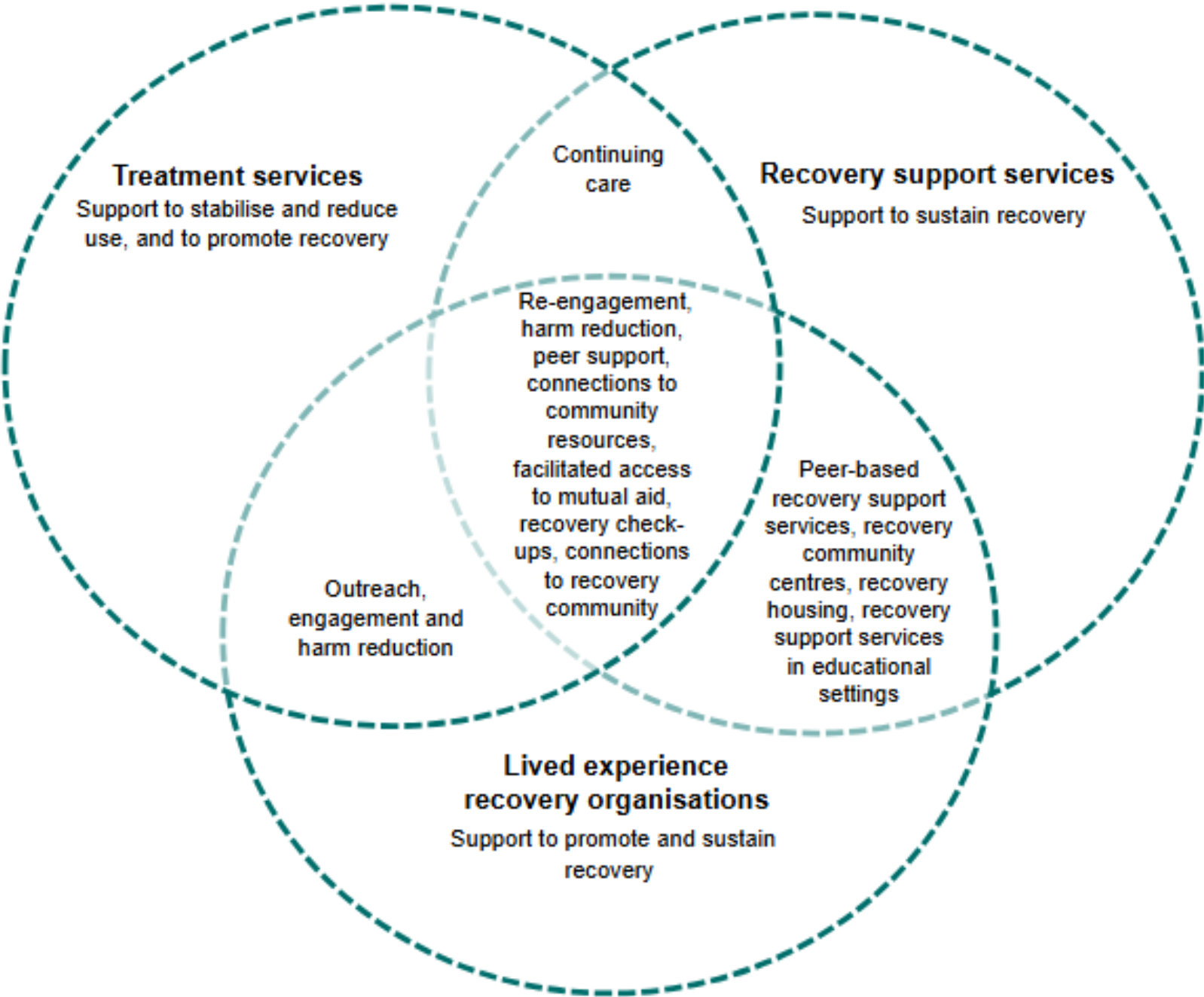
(CLOUD & GRANFIELD, 1999)

THE BREADTH AND DEPTH OF INTERNAL AND EXTERNAL RESOURCES THAT CAN BE DRAWN UPON TO INITIATE AND SUSTAIN RECOVERY FROM ALCOHOL AND OTHER DRUG PROBLEMS.



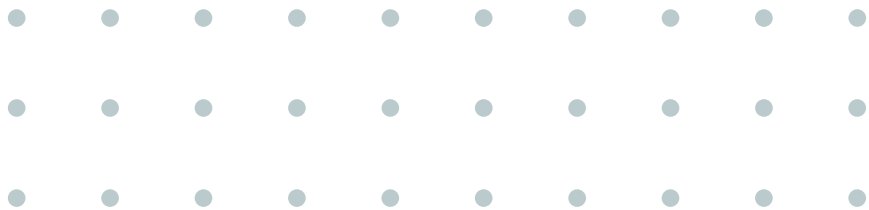
Recovery Capital Dimensions	Sub-Dimensions
Personal Capital My personal internal resources such as my skills, values, health, and aspirations; and my external resources such as property and money	Global Health & Wellness
	Citizenship
	Sobriety
Social Capital My social resources and support from relationships with my social networks that require commitment or obligations (such as intimate relationships, family, friends, co-workers, and other social groups)	Intimate Relationships
	Family Relationships
	Friendships
Community Capital My access to local community resources such as housing, training, employment opportunities, transportation, and recovery community organizations	Recovery Community
	Wider Community
	Professionals

Recovery-Oriented Systems of Care

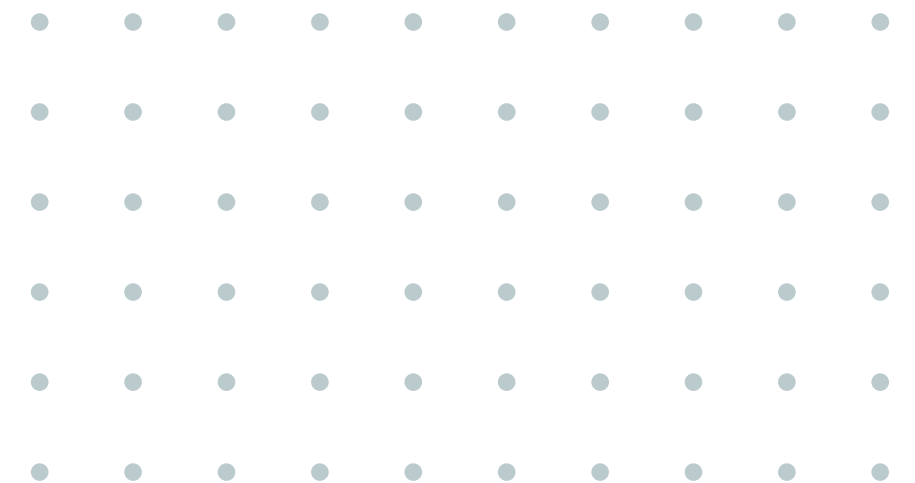
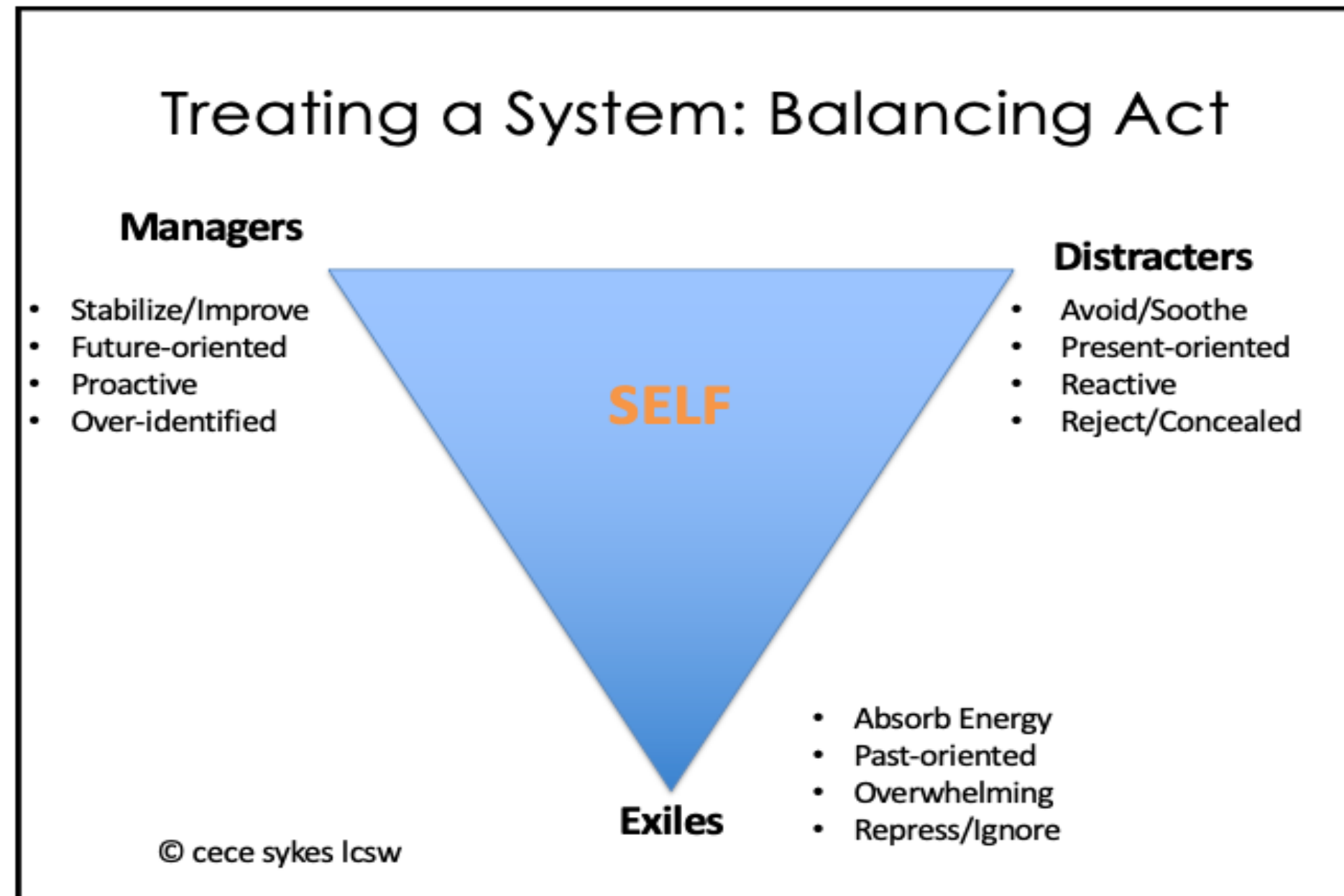


3) A CASE EXAMPLE: THE 190 PROJECT

Lindsey Middleton
Founder & CEO



4) A COMPASSIONATE APPROACH



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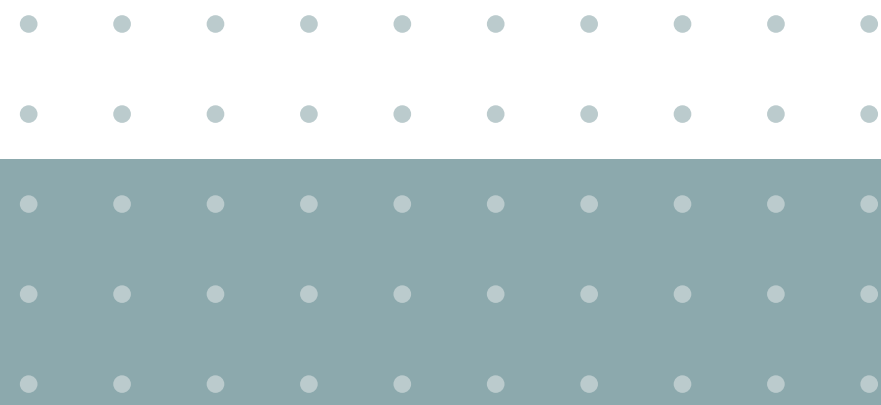
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THANK YOU

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