

# Your local food support explained

Not sure which service is right for you? This quick guide explains the difference between Gloucester Food Bank and local Community Pantry schemes, and how each can help in different situations.

## Gloucester Foodbank

- For people in an **emergency crisis situation** or in **urgent need** of food support.
- Usually accessed through a referral or voucher system (via Citizens Advice, housing services, or other agencies).
- Provides emergency food parcels of ambient food only, to help individuals and families during difficult times.
- A short-term form of support while other help or advice is arranged.
- Can also provide free financial advice (benefits, budgeting, debt relief etc.)
- Available for people all around Gloucester from GL1-GL4 postcodes

## Community Pantry

- For people who are **struggling to make ends meet** and just need a little bit of help each week or month.
- Usually open to anybody - no referral needed
- Members can usually choose a certain number of items for a small charge (each pantry runs their own system).
- Often have fresh, chilled and ambient food available.
- Help families stretch their budget while staying supported and connected.
- Usually cater to people from within their own local area.

## Where are the community pantries in Gloucester?

- Barney's Pantry, St Barnabus Church Hall, Stroud Road, GL1 5LJ.  
Open Fridays from 2pm-6pm
- Coneyhill Food Hub, St Oswald's Church Hall, GL4 4LX.  
Open Thursdays 9am-1pm
- Hungry No More, Cheltenham Road East, GL3 1HX.  
Open Thursdays 11am-1pm
- Poet's Pantry, 96-98 Mansfield Avenue, GL2 5BA.  
Open Thursdays 9:30-2pm and Fridays 9:45-10:30am
- The Ewe Space, 81 Matson Avenue, GL4 6LL.  
Open Thursdays 1pm-2:30pm
- The Food Larder, Brockworth Com'ty Centre, GL2 5BA.  
Open Mondays 11am-12:30pm, Wednesdays 6-7:30pm
- Quedgeley Community Pantry, Kingsway Sports Pavilion, Kingsway, GL2 2SN.  
Open Wednesdays 1-6pm and Sundays 10am-12pm.
- Westgate Community Corner, 106 Westgate Street, GL1 2PE.  
Open Mon-Thurs at varying times, please check social media.