

The Third Sunday of Epiphany

25th January 2026



StMARYwithStALBAN
PARISH CHURCH of TEDDINGTON

THE GATHERING

PROCESSIONAL HYMN (816)

1. Thy kingdom come, O God,
thy rule, O Christ, begin;
break with thine iron rod
the tyrannies of sin.

2. Where is thy reign of peace
and purity and love?
When shall all hatred cease,
as in the realms above?

3. When comes the promised time
that war shall be no more,
and lust, oppression, crime
shall flee thy face before?

4. We pray thee, Lord, arise,
and come in thy great might;
revive our longing eyes,
which languish for thy sight.

5. Men scorn thy sacred name,
and wolves devour thy fold;
by many deeds of shame
we learn that love grows cold.

6. O'er lands both near and far
thick darkness broodeth yet:
arise, O Morning Star,
arise, and never set!

✠ In the name of the Father, and of the Son, and of the Holy Spirit.

All Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be
with you

All and also with you.

The Children's Church leave for their worship.

PRAYER OF PREPARATION

**All Almighty God, to whom all hearts are open, all desires known, and from
whom no secrets are hidden: cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that we may perfectly love you, and
worthily magnify your holy name; through Christ our Lord.**

Amen

PRAYERS OF PENITENCE

The grace of God has dawned upon the world through our Saviour Jesus
Christ, who sacrificed himself for us to purify a people as his own.

Let us confess our sins.

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen

Almighty God, who forgives all who truly repent, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All **Amen**

GLORIA IN EXCELSIS – *The Mass of the Bread of Life, Margaret Rizza*

All **Glory, glory to God, glory to God in the highest; peace to his people on earth, peace to his people on earth.**

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Glory, glory to God, glory to God in the highest; peace to his people on earth, peace to his people on earth.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer, receive our prayer; receive our prayer.

You alone are the Holy One, you alone are the Lord, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory, the glory, ✠ the glory of God the Father.

Amen, Amen, Amen, Amen, Amen, Amen.

THE COLLECT *The Collect is said after a short period of silence*

Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

THE LITURGY OF THE WORD

THE FIRST READING – *Isaiah 9.1–4, read by a member of the congregation*

But there will be no gloom for those who were in anguish. In the former time he brought into contempt the land of Zebulun and the land of Naphtali, but in the latter time he will make glorious the way of the sea, the land beyond the Jordan, Galilee of the nations.

² The people who walked in darkness
have seen a great light;
those who lived in a land of deep darkness—
on them light has shined.

³ You have multiplied the nation,
you have increased its joy;
they rejoice before you
as with joy at the harvest,
as people exult when dividing plunder.

⁴ For the yoke of their burden,
and the bar across their shoulders,
the rod of their oppressor,
you have broken as on the day of Midian.

This is the word of the Lord,

All Thanks be to God.

THE SECOND READING – *1 Corinthians 1.10–18, read by a member of the congregation*

Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that all of you should be in agreement and that there should be no divisions among you, but that you should be united in the same mind and the same purpose. ¹¹For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. ¹²What I mean is that each of you says, 'I belong to Paul', or 'I belong to Apollos', or 'I belong to Cephas', or 'I belong to Christ.' ¹³Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? ¹⁴I thank God that I baptized none of you except Crispus and Gaius, ¹⁵so that no one can say that you were baptized in my name. ¹⁶(I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) ¹⁷For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

This is the word of the Lord,

All Thanks be to God.

GRADUAL HYMN (621)

1. Dear Lord and Father of mankind,
forgive our foolish ways;
re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence praise.

3. O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

2. In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.

4. Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

5. Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still small voice of calm.

THE GOSPEL READING – *Matthew 4.12–23*

Alleluia, alleluia, alleluia.

Christ was revealed in flesh, proclaimed among the nations and believed in throughout the world

Alleluia, alleluia, alleluia.

✠ Hear the Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

Now when Jesus heard that John had been arrested, he withdrew to Galilee. ¹³He left Nazareth and made his home in Capernaum by the lake, in the territory of Zebulun and Naphtali, ¹⁴so that what had been spoken through the prophet Isaiah might be fulfilled:

¹⁵ ‘Land of Zebulun, land of Naphtali,

on the road by the sea, across the Jordan, Galilee of the Gentiles—

¹⁶ the people who sat in darkness

have seen a great light,

and for those who sat in the region and shadow of death

light has dawned.’

¹⁷From that time Jesus began to proclaim, 'Repent, for the kingdom of heaven has come near.'

As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew his brother, casting a net into the lake—for they were fishermen. ¹⁹And he said to them, 'Follow me, and I will make you fish for people.' ²⁰Immediately they left their nets and followed him. ²¹As he went from there, he saw two other brothers, James son of Zebedee and his brother John, in the boat with their father Zebedee, mending their nets, and he called them. ²²Immediately they left the boat and their father, and followed him.

Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people.

This is the Gospel of the Lord.

All Praise to you, O Christ.

THE SERMON

THE NICENE CREED

Let us declare our faith in God, Father, Son and Holy Spirit.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge

one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen

PRAYERS OF INTERCESSION

Let us pray to our incarnate Lord, who has brought us out of darkness and into his own marvellous light.

Lord in your mercy or Lord, hear us

All **Hear our prayer** **Lord, graciously hear us**

Merciful Father,

All **accept these prayers for the sake of your Son, our Saviour Jesus Christ.
Amen**

Lord Jesus Christ, child of Mary you know us and love us, you share our lives and hear our prayer. Glory to you for ever. Amen

THE LITURGY OF THE SACRAMENT

THE PEACE

Our Saviour Christ is the Prince of Peace. Of the increase of his government and of peace there shall be no end.

The peace of the Lord be always with you

All **and also with you.**

Let us offer one another a sign of peace.

OFFERTORY HYMN (104)

1. Songs of thankfulness and praise,
Jesu, Lord, to thee we raise,
manifested by the star
to the sages from afar;
branch of royal David's stem
in thy birth at Bethlehem:
anthems be to thee address,
God in man made manifest.

2. Manifest at Jordan's stream,
Prophet, Priest, and King supreme;
and at Cana wedding-guest
in thy Godhead manifest;
manifest in power divine,
changing water into wine:
anthems be to thee address,
God in man made manifest.

3. Manifest in making whole
palsied limbs and fainting soul;
manifest in valiant fight,
quelling all the devil's might;
manifest in gracious will,
ever bringing good from ill:
anthems be to thee address,
God in man made manifest.

4. Sun and moon shall darkened be,
stars shall fall, the heavens shall flee;
Christ will then like lightning shine,
all will see his glorious sign;
all will then the trumpet hear,
all will see the Judge appear:
thou by all wilt be confest,
God in man made manifest.

5. Grant us grace to see thee, Lord,
mirrored in thy holy word;
may we imitate thee now,
and be pure, as pure art thou;
that we like to thee may be
at thy great Epiphany;
and may praise thee, ever blest,
God in man made manifest.

Lord, accept your people's gifts, not gold, frankincense or myrrh, but hearts and voices raised in praise of Jesus Christ, our light and our salvation.

All **Amen**

THE EUCHARISTIC PRAYER

The Lord be with you

All **and also with you.**

Lift up your hearts.

All **We lift them to the Lord.**

Let us give thanks to the Lord our God.

All **It is right to give thanks and praise.**

All honour and praise be yours always and everywhere, mighty creator, ever-living God, through Jesus Christ your only Son our Lord: for at this time we celebrate your glory made present in our midst.

In the coming of the magi the King of all the world was revealed to the nations. In the waters of baptism Jesus was revealed as the Christ, the Saviour sent to redeem us. In the water made wine the new creation was revealed at the wedding feast. Poverty was turned to riches, sorrow into joy. Therefore with all the angels of heaven we lift our voices to proclaim the glory of your name and sing our joyful hymn of praise:

All Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, hosanna, hosanna, hosanna in the highest; hosanna in the highest.
Blessed is he, blessed is he, blessed is he who comes in the name, he who comes in the name of the Lord. Hosanna in the highest, hosanna, hosanna, hosanna in the highest; hosanna in the highest.

Or, if said:

All Holy, holy, holy Lord; God of power and might. Heaven and earth are full of your glory. Hosanna in the highest!
✠ Blessed is he who comes in the name of the Lord. Hosanna, in the highest!

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit ✠, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: *Take, eat; this is my body which is given for you; do this in remembrance of me.*

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: *Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.*

Great is the miracle of faith:

All Christ has died: Christ is risen: Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of the Blessed Virgin Mary, Alban the martyr and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. **Amen**

THE LORD'S PRAYER

Believing the promises of God, and as our Saviour taught us, so we pray:
All **Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.
Amen**

THE BREAKING OF THE BREAD

We break the bread of life, and that life is the light of the world.
All **God here among us, light in the midst of us, bring us to light and life.**

AGNUS DEI

Jesus, Lamb of God, Jesus, Lamb of God, you take away the sins of the world: have mercy on us.

Jesus, Lamb of God, Jesus, Lamb of God, you take away the sins of the world, have mercy on us.

Jesus, Lamb of God, Jesus, Lamb of God, you take away the sins of the world, grant us peace, grant us your peace.

Or, if said:

Lamb of God, you take away the sins of the world; have mercy on us.

Lamb of God, you take away the sins of the world; have mercy on us

Lamb of God you take away the sins of the world; grant us peace.

GIVING OF COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

Christ is the true bread which has come down from heaven.

All **Lord, give us this bread always.**

Everyone is welcome to come forward for the Eucharist or a blessing.

PRAYER AFTER COMMUNION

Almighty Father, whose Son our Saviour Jesus Christ is the light of the world: may your people, illumined by your word and sacraments, shine with the radiance of his glory, that he may be known, worshipped, and obeyed to the ends of the earth; for he is alive and reigns, now and for ever. **Amen**

All Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The Notices are given, and Children's Church share their worship.

SENDING OUT

POST-COMMUNION HYMN (296)

1.From heaven you came, helpless babe,
entered our world, your glory veiled;
not to be served, but to serve,
and give your life that we might live.
*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

3.Come, see his hands and his feet,
the scars that speak of sacrifice,
hands that flung stars into space
to cruel nails surrendered.
*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

2.There in the garden of tears,
my heavy load he chose to bear;
his heart with sorrow was torn,
'Yet not my will but yours,' he said.
*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

4.So let us learn how to serve,
and in our lives enthrone him;
each other's needs to prefer,
for it is Christ we're serving.
*This is our God, the Servant King,
he calls us now to follow him,
to bring our lives as a daily offering
of worship to the Servant King.*

THE BLESSING

Christ the Son of God perfect in you the image of his glory and gladden your hearts with the good news of his kingdom; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen**

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen**

The ministers and people depart.

NOTICES

FEBRUARY DATES FOR YOUR DIARY

Everything below comes with an open invitation, and please bring a friend. The website has all the details and links. We look forward to seeing you there.

WHAT'S ON - FEBRUARY

church service

requires booking

SUNDAY 1 CHRISTINGLE SERVICE 4pm SMwSA Church

MONDAYS 2,9 16,23 COMMUNITY CAFÉ 1.30-4pm Peter & Paul Centre

TUESDAYS 3,17 MEMORY CAFÉ 1.30-3pm Peter & Paul Centre

WEDNESDAY 4 FIRST WEDNESDAY Discussion Group 12.45-2.15pm Topic: Ethics and Media Mina Hogan Room

WEDNESDAY 4 PINTS OF VIEW From 8pm unscripted fellowship in The Tide End Pub

THURSDAY 5 FELLOWSHIP SOCIAL: COFFEE 10.30am Zoom

SATURDAY 7 PARISH PLOD 9.30am SMwSA to Richmond Park

SATURDAY 7 IN THE MOOD: MUSICAL SOIRÉE & SUPPER. 7.15pm St Mary's Parish Hall

TUESDAY 10 FELLOWSHIP SOCIAL: LUNCH 12noon Piazza Firenze

TUESDAYS 10,24 PLAIN & PEARL SOCIAL CRAFTING 7.30pm Mina Hogan Room

SUNDAY 15 ALL-AGE PARISH EUCHARIST 10am SMwSA Church

SUNDAY 15 CHORAL EVENSONG 6.30pm SMwSA Church

MONDAY 16 BEREAVEMENT CAFÉ 10-11.30am Peter & Paul Centre

WEDNESDAY 18 ASH WEDNESDAY SERVICES 9.30am & 7.30pm SMwSA Church

THU & SAT 19,21 CHURCHYARD GARDENING 10am-12noon SMwSA Churchyard

TUESDAY 24 FELLOWSHIP SOCIAL: COFFEE 10.30am Shambles Restaurant

WEDNESDAY 25 5-WK LENT COURSE 11am - 12.30pm Mina Hogan Room & Wednesdays in March: 4,11,18, 25

FRIDAY 27 NEWSLETTER BUNDLING 2.30pm St Mary's Parish Hall

Full Calendar

In The Mood Tickets

visit www.teddingtonparish.org for more details

INVITATION TO PASTORAL MINISTRY

Today, there is a meeting in the Parish Hall after coffee, following the 10 am service, for those already involved and for those who would like to be involved in the church's pastoral ministry. Sandwiches provided. All welcome.

“IN THE MOOD” SOIRÉE: SAT 7 FEB

Booking now! A wonderful evening of supper and musical entertainment at 7.15pm in the Parish Hall, hosted by your church choir in aid of Building Anew. £20pp. With popular classic songs and delicious home-made food included. To book: scan the QR, go to ChurchSuite or call the Office.

Scan to
book now



NEWSLETTER BUNDLING

Your help is needed please this Friday, 30 January, to bundle the next edition of the Parish Newsletter: 2.30pm, St Mary's Parish Hall. It's a lovely way to help out over a hot drink & biscuit.

NEXT SUNDAY: 4PM CHRISTINGLE

Everyone is welcome to this beautiful candlelit service, 1st February. With the children creating their own Chrstingles within the service.

CAN YOU HELP WITH ACCOMMODATION?

Second year female teaching student from Saint Mary's University is looking for a room from September, during term time in Teddington or within reasonably close distance to the university. Please contact Churchwarden, Gareth Miller or the Parish Office for more details if you may be able to help.

GIVE TO SMWSA

To donate to this church please use the QR code or text "SMWSA give" to 07380307800 and follow the instructions. Thank you.



CONTACT DETAILS

Vicar: The Reverend David Cloake 07729 944769 vicar@teddingtonparish.org
Associate Vicar: The Reverend Mary Hawes mary@teddingtonparish.org
Curates: The Reverend Joy Beauchamp 07511 765244 joy@teddingtonparish.org
The Reverend Sarah Rae 07952 118697 sarah@teddingtonparish.org
Churchwardens: Katherine Matthews katherine@teddingtonparish.org
Gareth Miller gareth@teddingtonparish.org

Email us: enquiries@teddingtonparish.org

Socials: @teddingtonparish

Website: www.teddingtonparish.org

Call us: 020 8943 2262